

## NURSING NOTICE

This patient has had a myelogram using ISOVUE-M™ (iopamidol), a nonionic water-soluble contrast media. Patient management is *different from myelograms using oily media*.

- Raise head of stretcher to at least 30° before moving patient onto it.
- Movement onto stretcher, and off the stretcher to bed, should be done slowly with patient completely passive, maintaining **head up** position.
- Before moving patient onto bed, raise head of bed 30° to 45° and maintain the patient in this position, under close observation for 12 to 24 hours.
- Advise patient to remain still in bed, in **head up** position for the first 24 hours.
- Obtain visitors cooperation in keeping the patient quiet and in **head up** position, especially in first few hours.
- Encourage oral fluids and diet as tolerated.
- Antinauseants of the phenothiazine class should not be administered to treat post procedural nausea or vomiting.
- Persistent nausea and vomiting may cause dehydration and should be reported promptly: request consideration for IV fluids.
- For questions or special instructions call the interventionalist on call.